

# Upgrade Your Basic Dental Benefit & Save on Out-of-Pocket Costs!

Your standard dental coverage includes Dental Health Services Plan 111v with no additional premium to you. You can upgrade to optional supplement Plan 333v, which offers lower copayments and includes specialty coverage. Compare and see how much you could save:

Your cost to upgrade is only

**\$11.50 per mo.**

- Same Quality Assured Dentists
- Add Specialty Coverage
- Lower Copayments

CODE	Procedure	\$0 Premium Standard Plan (111v)	Optional Upgrade Supplemental Plan (333v)*	Usual and Customary Fee in CA	Your Savings
D1110 <sup>1</sup>	Prophylaxis – adult	\$10	\$0	\$110	\$100 - \$110
D2150	Amalgam – two surfaces, primary or permanent	\$30	\$14	\$191	\$161 - \$177
D2331	Resin-based composite – two surfaces, anterior	\$40	\$22	\$225	\$185 - \$203
D3330	Endontic therapy, molar (excluding final restoration)	\$425	\$200	\$1182	\$757 - \$982
D4341 <sup>2</sup>	Periodontal scaling and root planing – four or more teeth per quadrant	\$50	\$40	\$282	\$232 - \$242
D5110	Complete denture — Maxillary	\$450	\$220	\$1976	\$1526 - \$1756
D6010	Surgical placement of implant body: endosteal implant	N/A	\$1500**	\$2500	\$1000
D7210	Surgical removal of erupted tooth requiring removal of bone and/or sectioning of tooth, and including elevation of mucoperiosteal flap if indicated	\$100	\$45	\$313	\$213 - \$268

\* Optional Upgrade Supplemental Plan (333v) Offers Specialty Care - The maximum benefit for specialty care is \$2,000 per calendar year.

\*\* Copayments only apply when implant is performed by a participating general dentist.

<sup>1</sup>D1110 – Preventative – Removal of plaque, calculus and stains from the tooth structures in the permanent and transitional dentition. It is intended to control local irritational factors.

<sup>2</sup>D4341 – Periodontics – This procedure involves instrumentation of the crown and root surfaces of the teeth to remove plaque and calculus from these surfaces. It is indicated for patients with periodontal disease and is therapeutic, not prophylactic, in nature. Root planing is the definitive procedure designed for the removal of cementum and dentin that is rough, and/or permeated by calculus or contaminated with toxins or microorganisms. Some soft tissue removal occurs. This procedure may be used as definitive treatment in some stages of periodontal disease and/or part of pre-surgical procedures in others.

The benefit information provided is a brief summary, not a complete description of benefits. For more information contact The Plan. Limitations, exclusions, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or co-payments/co-insurance may change on January 1 of each year.

Inter Valley Health Plan is a not-for-profit HMO with a Medicare contract. Enrollment in Inter Valley Health Plan depends on contract renewal.



Dental Health Services



Inter Valley Health Plan

For health. Not for profit.

# You Receive Enhanced Dental Benefits with a Supplemental Plan



## What are the differences between a regular cleaning and a deep cleaning?

- A regular cleaning (D1110<sup>1</sup>) is for preventive purposes, and only polishes the surface of your teeth.
- A Periodontal Maintenance cleaning (D4910) is a specialized cleaning after active periodontal treatment including periodontal surgery and root planing (D4341<sup>2</sup>)

## Why do I need a deep cleaning (D4341<sup>2</sup> - Periodontal scaling and root planing)?

- Periodontal diseases are caused by plaque. Plaque always forms on your teeth and contains bacteria that produces harmful toxins. If teeth are not cleaned well, the toxins can irritate and inflame your gums.
- Inflamed gums can pull away from your teeth and form spaces called pockets. These pockets trap plaque and bacteria which cannot be removed with brushing alone. The gums can become infected, and once infected, if the pockets are not treated, the disease can get worse, possibly damaging bone and other tissues that support your teeth.

## What are immediate dentures?

- The immediate denture is a covered benefit in the Inter Valley Health Plan standard and optional

upgrade supplemental plans, if diagnosed necessary by the dentist. This is usually recommended when a patient has extractions and delivered right after the teeth have been extracted, in the meantime the gums are healing and the member has to go back for adjustments on the immediate denture, these adjustments are free for the first four months.

- After healing has stabilized, the denture base is “relined” with the appropriate addition of denture material to readapt to a proper fit. If the immediate denture is satisfactory (also for the member) then a 2nd denture is not covered until after 5 years. If the immediate is **N●T** satisfactory (to the member also) then a 2nd denture is covered at its copayment.

## What should I do if I don't understand my treatment plan and/or my doctor's recommendations?

- If you do not understand your treatment plan or your doctor's recommendations, please ask your doctor or a member of his/her staff for clarification.
- If you are still unsure, please call Inter Valley Health Plan 1-844-237-2228, TTY/TDD 1-800-505-7150. With any additional questions. One of our Member Care Team specialists will be happy to help you.

# Boost Your Savings with a Dental Plan Upgrade

Complete this form, include your payment method, mail it in, and you're all set!

Dental plan upgrade is available only to individual Inter Valley Health Plan Members. Coverage term is one year based on the plan year.

## Yes - Upgrade me to optional supplemental Plan 333v!

By selecting to upgrade to optional supplemental Plan 333v, you agree to a one-time charge for the annual fee or recurring charges for the stated monthly fee. Coverage will remain in effect for a term of one year. Monthly upgrades renew automatically. Annual memberships need to be manually renewed each year. All other coverage agreements with Inter Valley Health Plan and Dental Health Services remain unchanged.

## Choose Your Billing Preference

- Monthly - \$11.50       Annually - \$138.00

(The standard plan is included with your Inter Valley Health Plan coverage. Upgrading is an affordable way to add specialty coverage and reduce your copayments.)

## Select One Payment Option

- Check or money order - annual payment  
 Checking withdrawal - automatic monthly payments\*  
 Credit card - annual payment  
 Credit card - automatic monthly payments\*  
     Visa     MasterCard     Discover

\* Monthly payments require an initial 2-month payment, with the second month's premium held by Dental Health Services, and used if automatic withdrawal is unavailable due to insufficient funds.

## Checking or Savings Account



Bank Routing  
Number

Bank Account  
Number

Checking Account Number      Routing Number

## Credit Card Information

Credit Card Number

Expiration

Amount (Annual or 2 months' Premium)

3-Digit Code

Signature

Date

## Select Your Dentist

Dentist Number

- Service To Seniors  
 OC Preferred

Name      Date of Birth      Inter Valley Member Number (If known)

Plan Effective Date

Signature

Date

Please call Inter Valley Health Plan with any additional questions at 844-237-2228, TTY/TDD 800-505-7150